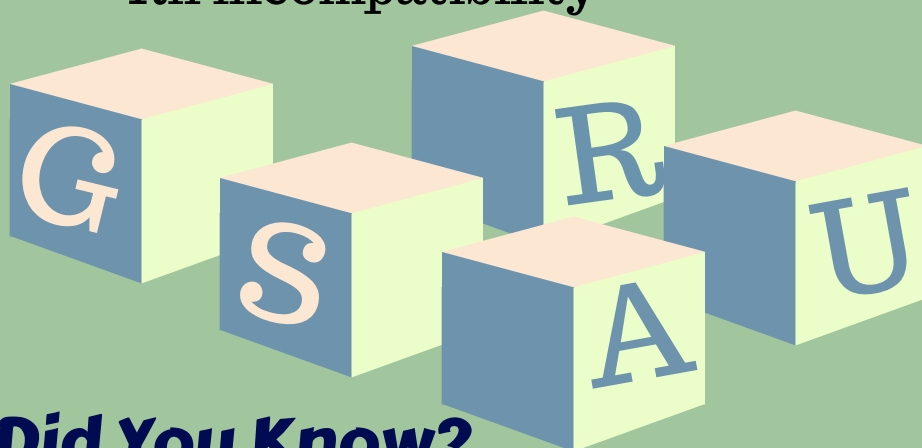


# Put Your Health First

**Use your health coverage  
to take care of yourself and  
your baby!**

During your pregnancy,  
ask your health care provider  
if you need to be screened for:

- Anemia
- Urinary Tract Infection
- Gestational Diabetes
- Sexually Transmitted Diseases
- Rh incompatibility

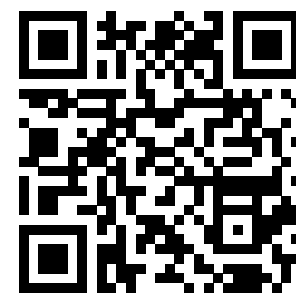


## **Did You Know?**

Breastfeeding support, counseling,  
and access to breastfeeding supplies  
may be FREE with your health  
coverage?

Make sure to  
get enough  
**Folic Acid**  
to help your baby  
grow and to  
prevent major birth  
defects.

**Your recommended  
pregnancy  
screenings may be  
FREE with your  
health coverage.  
Learn More!**



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