



Ngandamnak bawmhnak le man pekpiak bawmhnak soklua

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➔ **HealthCare.gov** ah online in sok a rang deuh.



Na ngah khawhmi ngandamnak bawmhnak theih na duh ahcun mah soknak pungsan na hman lai

- Ngandamnak zeizong vialte ah bawmh an duh, man a fawimi private ngandamnak aamahkhan plan (phun khat).
- Ngandamnak aamahkhan man an pekpiak cawlh khomi, tax (ngunkhuai) credit athar.
- Man pek haulo, asiloah man fawimi Medicaid asiloah Ngakchia Ngandamnak aamahkhan Program (CHIP).
Tangka hmuhnak kum khat \$ 98,400 ngei mansehlaw, man pek haulo asiloah man fawimi program na ngah kho men ko (Innchungkhar pa 4 caah).



Mah soknak pungsan cu ho nih a hman khawh lai?

- Innchungkhar vialte caah mah soknak pungsan na hman lai.
- **Ngandamnak bawmhnak ngeicia nan si zongah nan sok thiamthiam lai. Man a fawid deuh asiloah man pek a hau lo zong asi kho men.**
- Nupi/va ngei hrih lo na si ahcun, pungsan a tawi deuhmi na hman khawh HealthCare.gov ah na zoh lai.
- Immigrant (rampem) in phanmi chungkhar zong sok khawh asi. Nangmah nih sok khawhna nawl na ngeih lo hmanah na fa le nih an sok khawh thiamthiam. Na sok ruangin immigration pehtlainak ah ze harnak hmanh a um lai lo, greencard le ramchungmii sinak zongah ze harnak hmanh a um lai lo.
- Soknak pungsan tuahnakah pakhatkhat nih an bawmh, an tuah pih ahcun, Appendix C zong, na tuahchih lai.



Soknakah zeidah na herh lai

- Social Security Nambar (Asiloah, sok duhmi pa/nu i immigrant (rampem) phanhnak ca nambar).
- Riantuannak le innchungkhar vialte tangka hmuhnak kong (Tahchunnak: riantuannak in ngah lahkah, W-2 pungsan, asiloah lahkah le ngunkhuai statement (theihternak cattail).
- Ngandamnak aamahkhan na ngeih ahcun na pawlisi nambar.
- Rian tuannak in, innchungkhar caah ngak khawh asimi, ngandamnak aamahkhan kong.



Zeid caah mah vialte halnak kan tuah?

Na tangka hmuhnak le na kong vialte kan halnak sullam cu bawmhnak zeitluk tiang na ngah khawh lai timi theihter kan duh caah asi. **Upadi um bantuk in nangmah kong vialte khuazei hmanhah kan pek lai lo, kan theihter lai lo.** Mah he pehtlaimi upadi tling deuh in theih na duh ahcun HealthCare.gov ah na zoh lai.



Mah hnuah zeidah asi lai?

Soknak catlap cungah min na thut lai i, camai 7 ah a tialmi address ah na kuat lai. **Halnak vialte na leh kho lo hmanhah, min na thut lai i, na sok thiamthiam lai.** Zarh 1 zarh 2 chungah an rak auh lai, **nangmah kong theih duherhmi a um rih ahcun, Marketplace (aamahkhan cawknak) hmun nih telifawn an rak auh lai. Na sokmi kan zoh lai i, na ngah le ngah lo cu cakuat in theihter asi lai.** Zei thawng hmanh na ngah lo ahcun, Marketplace (aamahkhan cawknak hmun) telifawn in na hal lai. Mah soknak cu, ngandamnak bawmhnak na cawk hrimhrim a herh tinak a si hlei lo.



Mah soklua in bawmhnak na ngah kho

- **Online:** HealthCare.gov.
- **Telifawn:** (Marketplace) Aamahkhan cawknak hmun auhnak **1-800-318-2596**. TTY hmanghtu (Hnakhaw tha lo mi hmanmi phunkhat) auhnak **1-855-889-4325**.
- **A hmunah va kal:** Na umnak pengah an bawmh khotu, ruahnak pek thiammi a um kho men HealthCare.gov, asiloah Marketplace (aamahkhan cawknak) **1-800-318-2596** auh law theih duhmi bia hal khawh asi.
- **Holh dangdang:** Mirang holh si loin, holh dang duhmi caah **1-800-318-2596** na auh lai, thil cawktu bawmhnak pektu sinah na duhmi holh na chim lai. Man pek a hau lo in bawmhnak na ngah lai.

Mah thil he pehtlai thawng (information) vialte tial ning phundang in ngah khawhna nawl na ngei. Theleidannak a um tiah na ruat asi ahcun phunzainak na tuah kho. www.cms.gov/about-cms/agency-information/aboutwebsite/cmsnondiscriminationnotice.html, ah na zoh lai, asiloah Aamahkhan cawknak hmun (Market place) **1-800-318-2596** telifawn in theih na duhmi vialte na hal kho. TTY hmanghtu (Hnakhaw tha lo mi hmanmi phunkhat) na si ahcun **1-855-889-4325** na auh lai.

NANGMAHNIH NGANDAMNAK INNCHUNGKHAR. NO SILOAHCUN HMAN



Camai 1 umlakah
pa 7 nak

Cafang ngan in cahang nakmi asiloah cahang dumnak lawng in na tial lai
(○) chungah hibantuk in → ● na tial lai.

STEP 1 NAK: Nangmah kong na chim lai.

(Pehtlainak le chawnh khawhnak caah innchungkhar in upa pakhat kan herh)

1. Min hmasa	Min laifang	Min hmanung	A hnulei i pehmi
<input type="text"/>			
2. Na umnak hmun (Na ngeih lo ahcun tial lo in chiahtak ko)			3. Apartment asiloah inn namban
<input type="text"/>			<input type="text"/>
4. Khua min	5. State min	6. Carek zung hmanhmi peng namban	7. County min, peng asiloah township min
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
8. Cakuat khawhnak hmun (Na umnak hmun he akhat lo ahcun)			9. Apartment asiloah inn namban
<input type="text"/>			<input type="text"/>
10. Khua min	11. State min	12. Carek zung hmanhmi peng namban	13. County min, peng asiloah township min
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
14. Chunah set khawhnak telefawn namban		15. Zanleiah set khawhnak telefawn namban	
<input type="text"/>		<input type="text"/>	
16. Mah soknak he pehtlai thil (information) ah email cakuat na duh maw?			<input type="radio"/> Asi <input type="radio"/> Asi lo
Email address (kuat khawhnak): <input type="text"/>			
17. Zei holh hman na duh cem? Zei holh in tialmi ca na duh cem?			
<input type="text"/>			

STEP 2 NAK: Na innchungkhar kong na kan chimh lai.

Mah soknak chung ahodah telh na duh?

Step 2 nak hi, ngandamnak bawmna a ngeihcia um hmanh sehlaw, innchungkhar dihlak caah na tuah dih lai. Mah sokluah chung tialmi information (hngalhternak) nih, bawmna asi khawh chung nan ngah khawhnak caah tuah akan bawmh lai. Bawmna zeitluk ngakhawh timi le ze program na ngah lai timi cu innchungkhar umzat le hmuhmi tangka cungah biakhiahnak tuah a si lai. Ngandamnak bawmna a ngei cia innchungkhar pakhatkhat na telh lo sual ahcun, a phichuak a ht leng kho.

Upa (patling nutling) bawmna herh tu caah

Ngandamnak bawmna sok a dtuh lo mi zong na theh dih hna lai.

- Nupi asiloah va
- Kum 21 tang a simi, innchung um ti fapa fanu le, nupi a si loah va nih a rak ken mi fapa fanu
- Federal income tax return tuah tikah na telh mi vialte (Pa le nu i tax return tuahnak chung telmi kum 21 cung simi ngakchia zongh). Ngandamnak bawmna ngahnak caah ngunkhuai (tax) sok a hau lo.

Ngandamnak bawmna sok duhmi kum 21 tang simi ngakchia caah:

Ngandamnak bawmna a sok lo mi vialte hna zong na telh dih hna lai.

- Nu le pa dihlak (Pa i ngeih than mi nupi le nu i ngeih than mi vapa zongh) innchungah um ti vialte
- Innchung ah a um ti U le nau vialte
- Innchung ah um ti fapa le fanu vialte, nupi asiloah va i ngeih fapa le fanu.
- Innchungkhar asilo nain, federal income tax tuahnakah a tel mi. Ngandamnak bawmna ngahnak caah ngunkhuai (tax) sok a hau lo.

Innchungkhar vialte caah step 2 na tuah dih lai.

Nangmah min in na thok lai i, upa vialte le ngakchia vialte na telh dih lai. Innchungkhar ah mi pa 2 nakin nan tam deuh ahcun, catlap vialte khawpi na tuah lai i, na tem chih dih lai.

Ngandamnak bawmna a sok duh lo mi innchungkhar caah, immigration sining (ramchungmi maw ramdangmi), le, Social Security Namban (SSN) tial a hau lo. Nan information (kong) tialmi vialte cu, upadi um bantuk in aho sin hmanh ah kan pek, kan theiher lai lo. Nan information (kong) vialte cu ngandamnak bawmna ngah khawh le ngah khawhlo timi zohnak lawngah kan hman lai.

SOKLUA HE PEHTLAI BAWMNAK NA HERH MAW? [HealthCare.gov](https://www.healthcare.gov), ah zoh law, asiloah **1-800-318-2596** ah auh khawh asi. Mirang holh lo holh dang in bawmna na duh ahcun **1-800-318-2596** ah na auh lai i, customer service (bawmna a herhtu caah rian tuantu) hna sinah na hman duhmi holh na theiher lai. Man pek hau lo in bawmh asi lai. , TTY hmanghtu (Hnakhaw thalo mi hmanmi phunkhat) na si ahcun **1-855-889-4325** na auh lai.

**NANGMAHNIH NGANDAMNAK INNCHUNGKHAR.
NO SILOAHCUN HMAN**



Camai 3 umlakah
pa 7 nak

STEP 2 NAK: MINUNG 1 NAK (Nangmah kong pehnak.)

Na rian tuan liomi & tangka hmuhnak kong

- Rian ngei:** Atu lio rian na ngeih ahcun, na tangka hmuhzat na kan chimh lai. Halnak 21 in na thok lai. **Rian ngei lo:** Halnak 31 phant tiang tuah loin na chiahtak lai. **Mah i rian tuan:** Halnak 30 phant tiang tuah loin na chiahtak lai..

Atu lio rian na tuannak 1:

21. Rian tuannak min

a. Rian tuannak hmun

b. Khu min

c. State min

d. Carek zung hmanhmi peng number

22. Rian pektu zung telifawn number

23. Rian tuan man/laksawng (ngunkhuai tax pekhma)

\$

Suimilam pakhat lengmang ah Zarh khat lengmang ah
 Zarh 2 lengmang ah Thla khat wavi khat
 Thla khat lengmang ah Kum khat lengmang ah

24. Zarh fate rian tuan can average (buaklak)

Atu lio rian na tuannak 2: (Rian dang na ngeih i, tialnak hmunh a tlinlo ahcun catlap dang pakhat cungah tial i fawnt khawh asi)

25. Rian tuannak min

a. Rian tuannak hmun

b. Khu min

c. State min

d. Carek zung hmanhmi peng number

26. Rian pektu zung telifawn number

27. Rian tuan man/laksawng (ngunkhuai tax pekhma)

\$

Suimilam pakhat lengmang ah Zarh khat lengmang ah
 Zarh 2 lengmang ah Thla khat wavi khat
 Thla khat lengmang ah Kum khat lengmang ah

24. Zarh fate rian tuan can average (buaklak)

29. **Adih ciami kum chung ah, nangmah nih:** Rian tuan thlen Rian tuan ngol Rian tuan can tlawm deuh in thok Pakhat hmanh asilo

30. Mah i rian a tuantu na si ahcun, a le b na leh lai:

- a. Zei rian, aphun:
- b. How Hmanhnak vialte zuh dih hnu, mah i rian tuannak in, tu thla na hmuh hngading tangka (Pek awk vialte pek hnu ah a tangmi amiak) *Cawnpiaknak, chimhnak ca na zoh khawh.* \$

31. **Na tangka hmuhnak a dang:** A ummi vialte na tial dih lai, na tangka hmuhzat le, voi zeizat na ngah tawn timi na tial lai. A um lo ahcun hika hmun ah na tial lai. **Theihternak:** Ngakhchia zohkhenhnak, ralkap hlun ngahmi tangka, asiloah, Supplemental Security income SSI (a chap in ngahmi bawmhnak tangka SSI) na ngeih ahcun tial a **hau lo.**

<input type="radio"/> Rian tuan ngei lo	\$	Voi zeizat	<input type="radio"/> Va nih a mak caah cawmnaak ding in ngahmi tangka	\$	Voi zeizat
<input type="radio"/> Pension	\$	Voi zeizat	<input type="radio"/> Lo thlawh/nga tlaih nak in ngahmi tangka	\$	Voi zeizat
<input type="radio"/> Pumpak tlamtlinnak	\$	Voi zeizat	<input type="radio"/> Hlan man/tuannak nawl ngeihnak in ngahmi tangka	\$	Voi zeizat
<input type="radio"/> Dinh tikah hmanding in khonnak tangka cazin	\$	Voi zeizat	<input type="radio"/> Tangka hmuhnak a dang A phun:	\$	Voi zeizat

32. **Tangka zuhnak:** A ummi vialte na tial dih lai, tangka zeizat timi le voi zeizat na pek tawn timi na tial lai. Pakhatkhat caah tangka pek na ngeih i, federal income tax tuah tikah tangka zuhnak a um kho ding asi ahcun, ngandamnak bawmhnak man na pek ding zat tlawm deuh asi kho caah na kan theihter lai. **Theihternak:** Ngakhchia zohkhenhnak ah na pekmi cu tial a hau lo, asiloah pekzat man cu mah i rian tuannak in hmuhmi tangka halnak (halnak 30b) ah a tel dih cang tiah ruah asi.

<input type="radio"/> Nupi maknak caah nupi cawmnaak ding pekmi tangka	\$	Voi zeizat	<input type="radio"/> Tangka zuhnak a dang A phun:	\$	Voi zeizat
<input type="radio"/> Siang kainak caah cawihmi tangka amiak pekmi	\$	Voi zeizat			

33. **Kum khat chung na tangka hmuhnak a thlen ahcun mah halnak na leh lai,** tahchunhnak ah can tlawmpal chung lawng rian na tuan i asiloah, bawmhnak pakhatkhat thla tlawmte chung lawng na ngah asi ahcun. Na tangka hmuhnak a thlen lai lo tiah na ruah ahcun zeihmanh tial a hau lo i, nangmah hnu a changtu pa/nu ta na tuah lai. ➔

Tu kum na tangka hmuh zat vialte	\$	Hmai kum na hmuh ding tangka (A thlen lai tiah na ruah ahcun)	\$
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Ka lawm! Nangmah kong theih kan duhmi cu hivial asi.

SOKLUA HE PEHTLAI BAWMHNAK NA HERH MAW? HealthCare.gov, ah zoh law, asiloah **1-800-318-2596** ah auh khawh asi. Mirang holh lo holh dang in bawmhnak na duh ahcun **1-800-318-2596** ah na auh lai i, customer service (bawmhnak a herhtu caah rian tuantu) hna sinah na hman duhmi holh na theihter lai. Man pek hau lo in bawmh asi lai. , TTY hmanghtu (Hnakhaw thalo mi hmanmi phunkhat) na si ahcun **1-855-889-4325** na auh lai.

**NANGMAHNIH NGANDAMNAK INNCHUNGKHAR.
NO SILOAHCUN HMAN**



Camai 5 umlakah
pa 7 nak

STEP 2 NAK: PA 2 NAK PA/NU

PA 2 NAK pa/nu i, tangka hmuhnak kong na kan chimh lai. PA 2 NAK pa/nu nih ngandamnak bawmhnak a herhlo hmanhah mah camai na tuah dih lai.

A rian tuan liomi & tangka hmuhnak kong

- Rian ngei: Pa 2 nak pa/nu** hi atulio rian a ngeih ahcun, a tangka hmuhzat na kan chimh lai. Halnak nambar 23 in na thok lai. **Rian ngeilo:** Halnak 33 phant tiang tuahlo in na chiahtak lai. **Mah i rian tuan:** Halnak 32 phant tiang tuahlo in na chiahtak lai.

Atulio a rian tuannak 1:

23. Rian tuannak min

a. Rian tuannak hmun

b. Khuia min

c. State min

d. Carek zung hmanhmi peng number

24. Rian pektu zung telifawn number

25. Rian tuan man/laksawng (ngunkhuai tax pekhma)

\$

- Suimilam pakhat lengmang ah Zarh khat lengmang ah
 Zarh 2 lengmang ah Thla khat wavi khat
 Thla khat lengmang ah Kum khat lengmang ah

26. Zarh fate rian tuan can average (buaklak)

Atulio a rian tuannak 2: (Pa 2 nak pa/nu nih rian dang a ngeih ahcun, catlap dang pakhat cungah tial i fawnt khawh asi.)

27. Rian tuannak min

a. Rian tuannak hmun

b. Khuia min

c. State min

d. Carek zung hmanhmi peng number

28. Rian pektu zung telifawn number

29. Rian tuan man/laksawng (ngunkhuai tax pekhma)

\$

- Suimilam pakhat lengmang ah Zarh khat lengmang ah
 Zarh 2 lengmang ah Thla khat wavi khat
 Thla khat lengmang ah Kum khat lengmang ah

30. Zarh fate rian tuan can average (buaklak)

31. **Adih ciami kum chung ah, Pa 2 nak pa/nu nih:** Rian tuan thlen Rian tuan ngol Rian tuan can tlawm deuh in thok Pakhat hmanh asilo

32. **Pa 2 nak pa/nu cu, mah i rian a tuantu asi ahcun, tang i halnak vialte na leh dih lai.**

a. Zei rian, aphun:

b. Pa 2 nak pa/nu nih a hmanmi vialte a zuh dih hnu, mah i rian tuannak in, tu thla a hmuh ding tangka (Pek awk vialte pek hnu ah a tangmi amiak) instruction (cawmpiaknak chimhnak) ca zoh.

\$

33. **Pa 2 nak pa/nu nih a tangka hmuhnak a dang:** A ummi vialte na tial dih lai, pa 2 nak pa/nu i tangka hmuhzatle, voi zeizat a ngah tawn timi na tial lai. A umlo ahcun hika hmun ah na tial lai. **Theihternak:** Ngakchia zohkhenhnak, ralkap hlun ngahmi tangka, asiloah, Supplemental Security income SSI (a chap in bawmhnak tangka SSI) pa 2 nak pa/nu nih a ngeih ahcun tial a hau lo.

<input type="radio"/> Rian tuan ngei lo	\$	Voi zeizat	<input type="radio"/> Va nih a mak caah cawmnak ding in ngahmi tangka	\$	Voi zeizat
<input type="radio"/> Pension	\$	Voi zeizat	<input type="radio"/> Lo thlawh/nga tlaih nak in ngahmi tangka	\$	Voi zeizat
<input type="radio"/> Pumpak tlamtlinnak	\$	Voi zeizat	<input type="radio"/> Hlan man/tuannak nawl ngeihnak in ngahmi tangka	\$	Voi zeizat
<input type="radio"/> Dinh tikah hmanding in khonnak tangka cazin	\$	Voi zeizat	<input type="radio"/> Tangka hmuhnak a dang A phun:	\$	Voi zeizat

34. **Tangka zuhnak:** A ummi vialte na tial dih lai, tangka zeizat timi le voi zeizat pa 2 nak pa/nu nih a ngah tawn timi na tial lai. Pa 2 nak pa/nu nih pakhatkhat caah tangka pek a ngeih i, federal income tax tuah tikah tangka zuhnak a um kho ding asi ahcun, ngandamnak bawmhnak man na pekzat tlawm deuh asi kho caah na kan theiher lai. **Theihternak:** Pa 2 nak pa/nu nih a pekmi ngakchia zohkhenhnak tial a hau lo, asiloah pekzat man cu mah i rian tuannak in hmuhmi tangka kong halnak (halnak 32b) ah a teldih cang tiah ruah asi.

<input type="radio"/> Nupi maknak caah nupi cawmnak ding pekmi tangka	\$	Voi zeizat	<input type="radio"/> Tangka zuhnak a dang A phun:	\$	Voi zeizat
<input type="radio"/> Siang kainak caah cawihmi tangka amiak pekmi	\$	Voi zeizat			

35. **Pa 2 nak pa/nu nih Kum khat chung tangka a hmuhnak a thlen ahcun mah halnak na leh lai,** tahchunhnak ah pa 2 nak pa/nu cu, can tlawmpal chung lawng rian a tuan i asiloah, bawmhnak pakhatkhat thla tlawmpal chung lawng a ngah asi ahcun. Pa 2 nak pa/nu i tangka hmuhnak a thlen lailo tiah na ruah ahcun zehmanh tial a haulo i, a changtu caah na tuah lai.

Pa 2 nak pa/nu nih Tu kum a tangka hmuhzat vialte	\$	Pa 2 nak pa/nu nih Hmai kum a hmuh ding tangka	\$
<input type="text"/>		<input type="text"/>	

Ka lawm! Pa 2 nak pa/nu kong theih kan duhmi cu hivial asi.

SOKLUA HE PEHTLAI BAWMHNAN NA HERH MAW? HealthCare.gov, ah zoh law, asiloah **1-800-318-2596** ah auh khawh asi. Mirang holh lo holh dang in bawmhnak na duh ahcun **1-800-318-2596** ah na auh lai i, customer service (bawmhnak a herhtu caah rian tuantu) hna sinah na hman duhmi holh na theiher lai. Man pek hau lo in bawmh asi lai, TTY hmanghtu (Hnakhaw thalo mi hmanmi phunkhat) na si ahcun **1-855-889-4325** na auh lai.

**NANGMAHNIH NGANDAMNAK INNCHUNGKHAR.
NO SILOAHCUN HMAN**



Camai 6 umlakah
pa 7 nak

STEP 3 NAK: American Indian asiloah Alaska chuah miphun (AI/AN) innchungkhar chungtel vialte

1. Nangmah asiloah innchungkhar pakhatkhat cu American India asiloah Alaska chuah miphun nan si maw?

- ASILO.** Asilo ahcun, Step 4 nak ah na zuang lai. **ASI.** Asi ahcun, Step 4 nak ah na zuang lai i, Appendix B zongh na tuah lai i soklua ah na telchih lai.

STEP 4 NAK: Innchungkhar caah ngandamnak bawmhnak

1. Kum khat lengmanh premium tax credit na ngah, premium tax credit narak hmanmi cu tax return na tuah tikah na tuah chih maw?

ASI, premium tax credis vialte ka tuah dih. Tangah ummi vialte a dihlak a hman lawngah a pum (circle) chungah na phih lai:

- Aamahkhan cawknak in na laakmi aamahkhan hman a tlawm khoknak caah bawmhnak (Advance Premium Tax Credits APTC) kum khat asiloah kumfate na hman ahcun.
- Kumfate, tax tuah tu nih innchungkhar caah federal income tax return an tuah piak ahcun.
- Tax soktu nih tax a sok tikah IRS Form 8962 ([healthcare.gov/help/reconciling-your-tax-credit/](https://www.healthcare.gov/help/reconciling-your-tax-credit/)) he a sok lai.

2. Mah soknak chung telmi pakhatkhat cu, a dih cia ni 90 chungah Medicaid asiloah ngakchia aamahkhan bawmhnak (Children's Health Insurance Program CHIP) a ngah kholo mi a um maw? (Soklua chung telmi pakhatkhat cu na umnak state nih a ngah kho lo a ti ahcun, asi (yes) na thim lai, aamahkhan cawknak hmun (marketplace) he a sai lo.

Asi Asi lo

Ahodah?

Ni thla:

Asiloah, mah soknak chung telmi pakhatkhat cu, a luan cia kum 4 chung ii immigration pehtlainak ruangin, Medicaid asiloah CHIP a ngah kholo mi a um maw? Asi Asi lo

Ahodah?

Mah soklua chung telmi lak ah, Marketplace (Aamahkhan cawknak hmun) ii min khumhnak (enrollment) tuah can chung aamahkhan a cawkmi nan um maw? Asi Asi lo

Ahodah?

3. Mah soklua chung telmi pakhatkhat nih rian tuannak in ngandamnak bawmhnak nan ngah maw? Bawmhnak cu innchungkhar pakhatkhat i rian tuannak in ngahmi siseh, pa le nu asiloah nupi/va ta siseh, anmah nih bawmhnak cu an rak lehkhan lo sihmanseh, hmelchunhnak asi (yes) na chek lai.

ASI. Tuah ding tangmi le Appendix A na tuah lai. Mah hi, cozah riantuantu ngahmi thathnemnak plan (phun khat) asi maw? Asi Asi lo

ASILO.

4. Ngandamnak bawmhnak ah minkhumhnak a tuahmi nan um maw?

ASI. Asi ahcun, Halnak nomor 6 ah na kal lai **ASILO.** Asilo ahcun, Step 5 tiang tuahlo in na chiahtak lai.

5. Atulio na ngeihmi ngandam bawmhnak kong. (Minung pa 2 nakin tam deuh nih ngandam bawmhnak nan ngeih ahcun mah camai hi khawpi na tuah lai.)

Na ngeihmi ngandamnak bawmhnak phun na tial lai, tahchunhnak ah, riantuannak in ngah aamahkhan, Medicaid (Tangka humh tlawm misifak caah cozah pekmi ngandamnak bawmhnak phun khat), CHIP cozah nih ngakchia caah pekmi ngandamnak bawmhnak phun khat), Medicare, TRICARE, VA (raalkap hlun) ngahmi program, Daihnak lei tuantu ralkap chungbu ngahmi, asiloah a dang zeizong vialte. (Direct Care timi, ding teomao tein bawmhnak asiloah Line of Duty timi, duh can poh ah ngah khawh bawmhnak na ngeih ahcun TRICARE kong chimh a hau lo.)

Ngandamnak Bawmhnak ah minkhumhnak a tuah tu min

Bawmhnak a phun:

Riantuannak in ngahmi aamahkhan COBRA Medicaid CHIP Medicare TRICARE VA health care program, ralkap hlun nih ngah khawh asimi ngandamnak bawmhnak phun khat Peace Corps A dang

Na ngeihmi ngandamnak aamahkhan cu riantuannak in na ngahmi asi ahcun: (Appendix A zong na tuah a hau lai.)

Ngandamnak aamahkhan compani min.

Na policy/ID nomor

A phun dang pakhatkhat asi ahcun: Marketplace ah cawkmi asi ahcun na tial lai.

Ngandamnak aamahkhan compani min.

Na policy/ID nomor

Ri a ngeimi bawmhnak, tahchunhnak ah siang kainak in ngahmi eksident caah ngah khawh bawmhnak phun asi maw? Asi Asi lo

Ngandamnak Bawmhnak ah minkhumhnak a tuah tu min

Bawmhnak a phun:

Riantuannak in ngahmi aamahkhan COBRA Medicaid CHIP Medicare TRICARE VA health care program, ralkap hlun nih ngah khawh asimi ngandamnak bawmhnak phun khat Peace Corps A dang

Na ngeihmi ngandamnak aamahkhan cu riantuannak in na ngahmi asi ahcun: (Appendix A zong na tuah a hau lai.)

Ngandamnak aamahkhan compani min.

Na policy/ID nomor

A phun dang pakhatkhat asi ahcun: Marketplace ah cawkmi asi ahcun na tial lai.

Ngandamnak aamahkhan compani min.

Na policy/ID nomor

Ri a ngeimi bawmhnak, tahchunhnak ah siang kainak in ngahmi eksident caah ngah khawh bawmhnak phun asi maw? Asi Asi lo

SOKLUA HE PEHTLAI BAWMHNAK NA HERH MAW? [HealthCare.gov](https://www.healthcare.gov), ah zoh law, asiloah **1-800-318-2596** ah auh khawh asi. Mirang holh lo holh dang in bawmhnak na duh ahcun **1-800-318-2596** ah na auh lai i, customer service (bawmhnak a herhtu caah rian tuantu) hna sinah na hman duhmi holh na theinter lai. Man pek hau lo in bawmhnak asi lai. TTY hmanghtu (Hnakhaw thalo mi hmanmi phunkhat) na si ahcun **1-855-889-4325** na auh lai.

NANGMAHNIH NGANDAMNAK INNCHUNGKHAR. NO SILOAHCUN HMAN

Mirang ca asilomi holh dang in bawmnak ngah khawknak

Nangmah asiloah na bawmhmi pa khatkhat nih Marketplace aamahkhan (aamahkhan cawknak hmun) he pehtlai hal duh nan ngeih ahcun man pek hauloin thawng (information) ngah khawh asi. Holhlettu auhnak **1-800-318-2596**.

Mah holh vialte hman khawh asi, acung ah a tialmi vialte mah holh vialte in a tial:

Español (Spanish)

Usted tiene el derecho a recibir ayuda e información en su idioma sin costo alguno. Para comunicarse con un intérprete en español relacionado con el Mercado de seguros médicos, llame al 1-800-318-2596.

中文 (Chinese)

你有權利免費用您的語言獲得幫助和資訊。要用中文與傳譯員探討健康保險市場，請致電 1-800-318-2596。

tiếng Việt (Vietnamese)

Quý vị có quyền nhận sự giúp đỡ và thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên bằng tiếng Việt về Thị Trường Bảo Hiểm Sức Khỏe, xin gọi số 1-800-318-2596.

한국어 (Korean)

귀하는 귀하의 언어로 도움과 정보를 무료로 받을 수 있는 권리가 있습니다. 한국어로 건강 보험 시장(Health Insurance Marketplace)에 대하여 통역사에게 이야기하려면, 1-800-318-2596 번으로 전화하십시오.

العربية (Arabic)

لك الحق في الحصول على المساعدة والمعلومات في اللغة الخاصة بك مجاناً. وللتحدث مع مترجم في اللغة العربية حول سوق التأمين الصحي، يرجى الاتصال على 1-800-318-2596.

Kreyòl (French Creole)

Ou gen tout dwa pou resevwa èd ak enfòmasyon nan lang ou pou gratis. Pou pale avèk yon entèpretè an Kreyòl konsènan Mache Asirans Medikal (Health Insurance Marketplace), rele 1-800-318-2596.

Tagalog (Tagalog)

Mayroon kang karapatan makakuha ng tulong at impormasyon sa iyong wika na walang gastos. Upang makipag-usap sa isang tagapagsalin sa Tagalog tungkol sa Health Insurance Marketplace, tumawag sa 1-800-318-2596.

Polski (Polish)

Każdy ma prawo uzyskać bezpłatnie pomoc i informacje we własnym języku. Aby porozmawiać z tłumaczem po polsku na temat Rynku Ubezpieczeń Zdrowotnych (Health, Insurance Marketplace), należy zadzwonić pod numer 1-800-318-2596.

NANGMAHNIH NGANDAMNAK INNCHUNGKHAR. NO SILOAHCUN HMAN

Mirang ca asilomi holh dang in bawmnak ngah khawknak (peh)

Русский (Russian)

Вы имеете право бесплатно получить помощь и информацию на родном языке. Чтобы поговорить с переводчиком на русском о платформе Health Insurance Marketplace (рынок медицинского страхования), позвоните по телефону 1-800-318-2596.

Français (French)

Vous avez le droit d'obtenir de l'aide et des renseignements dans votre langue sans aucun coût. Pour consulter un interprète en français quant au Marché d'assurance santé, composez le 1-800-318-2596.

Deutsch (German)

Sie haben das Recht, Hilfe und Informationen kostenlos in Ihrer eigenen Sprache in Anspruch zu nehmen. Um mit einem Dolmetscher für die deutsche Sprache über den „Health Insurance Marketplace“ zu sprechen, rufen Sie bitte diese Nummer an: 1-800-318-2596.

ગુજરાતી (Gujarati)

તમને વિના મૂલ્યે તમારી ભાષામાં મદદ અને માહિતી મેળવવાનો અધિકાર છે. આરોગ્ય વીમા વ્યાપારબજાર વિશે દુભાષિયા સાથે ગુજરાતીમાં વાતચીત કરવા, કોલ કરો 1-800-318-2596

Português (Portuguese)

Você tem o direito de obter ajuda e informação em seu idioma e sem nenhum custo adicional. Para falar com um intérprete de [Português] sobre o Mercado de Seguros de Saúde, ligue para 1-800-318-2596.

Italiano (Italian)

Se voi, o una persona che state aiutando volete chiarimenti mercato delle assicurazioni mediche (Health Insurance Marketplace), avete il diritto di ottenere assistenza e informazioni nella vostra lingua a titolo gratuito. Per parlare con un interprete potete chiamare il numero 1-800-318-2596

日本語 (Japanese)

ご自身か、もしくはサポートされている誰かがHealth Insurance Marketplaceに問い合わせたい場合は、日本語サポートと情報提供を無料で得る資格を有しています。1-800-318-2596までご連絡いただき、通訳とお話してください。



Appendix A

Riantuannak in ngahmi ngandamnak bawmhnak

Innchungkhar pakhatkhat nih a rian tuannak in ngandamnak bawmhnak a ngah ahcun, lak lo in um hmanhsehlaw hika i halnak vialte leh **A HAU LO**. Ngandamnak bawmhnak pek khotu na rian tuannak pakhat cio caah mah camai cu khawpi na tuah lai i na telhchih lai.

Ngandamnak bawmhnak pek khotu na rian tuannak kong na kan chim lai.

Hi camai cu khawpi na tuah lai i ngandamnak bawmhnak pek khotu, hika i ummi halnak vialte lehnak ah an bawm khotu, na rian tuannak ah na put lai.

RIAN TUANTU KONG

1. Rian tuantu min (Min Hmasa, Min laifang, Min hmanung)	2. Rian tuantu i Social Security Nambor (SSN)												
	<table border="1" style="margin: auto; border-collapse: collapse;"> <tr> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> </tr> </table>												

RIAN PEKTU KONG

3. Rianpetu/company min																									
4. Rian pektu i Identification nambor (EIN)	5. Ruan pektu zung telifawn nambor																								
<table border="1" style="margin: auto; border-collapse: collapse;"> <tr> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> </tr> </table>													<table border="1" style="margin: auto; border-collapse: collapse;"> <tr> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> </tr> </table>												

Atu ah, riantuantu ii tthathnemnak (benefit) a tuah pektu asiloah a tuah pektu bu kong na tial lai. Theih chap duhmi kan ngeih ahcun anmah sin ah kan hal lai.

6. Riantuantu ii ngandamnak aamahkhan kong kan hal khawhnak hmun asiloah bu.														
7. Rianpektu address (Marketplace - aamahkhan cawknak hmun nih cu address ah theihternak kan kuat kho)														
8. Khua	9. Pine (State)	10. Carek zung hmanhmi peng nambor												
	<table border="1" style="margin: auto; border-collapse: collapse;"> <tr> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> </tr> </table>			<table border="1" style="margin: auto; border-collapse: collapse;"> <tr> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> </tr> </table>										
11. Telifawn nambor (Acungah ummi he akhat lo ahcun)	12. Email kuat khawhnak													
<table border="1" style="margin: auto; border-collapse: collapse;"> <tr> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> </tr> </table>														

13. Rian tuantu cu atu lio ah rian tuannak in pekmi ngandamnak bawmhnak a ngah kho ding asi maw, asiloah rian tuantu cu a ralai dingmi thla 3 chungah ngah kho ding asi maw?

- ASI** (ngol lo in peh)
 ASILO (RIANPETU: NGOL law soklua cu riantuantu na pek lai.
RIANTUANTU: Marketplace aamahkhan cawknak ah na kal lai)

a. Nihin riantuatu aamahkhan a ngeih lo ahcun, riantuannak nih harnak pa khatkhat ruangin tlawmpar chung an dinh ter can asi zongah, riantuantu ii aamahkhan cu zeitik ah a ngah than lai?
(mm/dd/yyyy)

--	--	--	--	--	--	--	--	--	--	--	--

b. Rianpetu nih pekmi aamahkhan cu riantuantu innchungkhar ca zongah a pek maw?

- ASI**. ASI, A pek ahcun a ho ca ah a pek?
 Nupi asiloah va
 ASILO (halnak 14 ah na kal lai)
- Hngatchan tu

Rianpetu nih na riantuannak zulu in aamahkhan a pekmi innchungkhar vialte min na tial lai.

Min

Min

Min

Camai a changtu ah peh





Appendix C

Mah soklua hi midang bawmhnak in tuah

Lehmat ngeimi soklua lei thiamtu, navigators (lam cawnpiaktu), agents (mitampi caah tuanpiaktu), le brokers (pakhat le pakhat kar ah herhmi a tuantu) lawng

Lehmat ngeimi soklua lei thiamtu, navigators (lam cawnpiaktu), agents (mitampi caah tuanpiaktu), le brokers (pakhat le pakhat kar ah herhmi a tuantu) na si ahcun mahka hi na tuah lai

1. Soklua a thok ni (mm/dd/yyyy)	
<input type="text"/>	
2. Min hmasa, Min laifang, Min hmanung, & suffix (upatnak, hmaizahnak in ngahmi thil)	
<input type="text"/>	
3. Bu min	
<input type="text"/>	
4. ID numar (a um ahcun)	5. Agents/Brokers ca lawng: NPN number
<input type="text"/>	<input type="text"/>

Nangmah ruang in nawl ngeitu na thim kho

Na zumh na bochanmi pakhat nih mah soklua he pehtlai thilah nangmah caah biachim ding, le herhmi pohah nangmah caah tuahnak nawl a ngeitu na thim khawh, cupa sinna nangmah caah soklua he pehtlaimi thawng vialte thanh asi lai i, soklua cungah nangmah caah lehmat thutnak nawl a ngeih lai. Mah na thimmipa cu "authorized representative" (nawl a ngahmi aiawhtu) asi. Authorized representative midang thlen than na duh ahcun Marketplace (ngandamnak bawmhnak cawknak hmun) ah na chimh lai. Nangmah cu mah soklua cungah midang pakhat i authorized representative (nawl a ngahmi aiawhtu) na si ahcun, na sinak theihternak thil soklua chungah na telhchih lai.

1. Authorized representative (nawl a ngahmi aiawhtu) Min (Min hmasa, Min laifang, Min hmanung)		
2. Umnak hmun		3. Apartment asiloah inn numar
4. Khua min		5. State min
<input type="text"/>		<input type="text"/>
7. Telifawn numar		6. Carek zung hmanhmi peng numar
<input type="text"/>		<input type="text"/>
8. Bu min		
<input type="text"/>		
9. ID numar (a um ahcun)		
<input type="text"/>		

Hika hmunah lehmat na thut ahcun hipa/hinu nih ka soklua cungah lehmat thut khawhnak nawl ka pek, zung he pehtlaimi thawng thanhnak a ngah khawh lai, cun hmailei can soklua he pehtlaimi thilherh tete tuahnakah keimah caah tuahnak nawl ngeitu asi lai tinah asi.

10. Soklua chung telmi pa 1 nak pa/nu i lehmat thutnak	11. Lehmat thut ni (mm/dd/yyyy)
<input type="text"/>	<input type="text"/>





Appendix D

Nunchung thlennak he pehtlainakmi halnak

(Hika thok in soklua chungah a tangmi vialte le mah camai ah halnak um vialte na leh dih lai. Mah camai lawng adang cio tein na sok lai lo.)

Soklua chung telmi pakhatkhat hi a dihciamni ni 60 chung nunchung thlennak a um ahcun, tangah ummi halnak vialte na leh dih lai. Mah nunchung thlennak cu nangmah caah Marketplace (ngandamnak cawknak hmun) in bawmhnaak na ngah khawh cawhnaak asi. Kumfate in tuah asimi minkhumhnaak (enrollment) tuah can a liam hnu, a chang kum minkhumhnaak (enrollment) phanh hlan ah na sok asi ahcun, a tang ih um mi halnak vialte lehnak tuah law kan duh ko.

Mah halnak pawl cu optional (duh ahcun leh, duh lo ahcun leh lo khawh asimi) asi. Na nunchung umning a thlenmi um lo ahcun, leh lo in na chiahtak kho. Nunchung thlennak na ngeih lo hmanhah Medicaid (Tangka humh tlawm misifak caah cozah sinin ngandamnak bawmhnaak phun khat) le Ngakchia caah pekmi ngandamnak bawmhnaak phun khat (CHIP) cu na duh can pohah na sok kho ko. Cozah i miphun fa cazin ah a telmi le Alaska chuah miphun chawlehnak kampani ah tangka a chia mi vialte cu kumkhat chung duh can pohah Marketplace (ngandamnak cawknak hmun) ah va kal i minkhumhnaak tuah khawh asi.

Nan innchungkhar ah thlennak pakhatkhat a um ahcun na kan chimh lai.

1. A dihcia ni 60 chungah ngandamnak bawmhnaak ngolter asi mi nan um maw, asiloah hmailei ni 60 chung ngandamnak bawmhnaak ngolter asi kho men tiah ruahnak a ummi nan um maw?

Names	Ngandamnak bawmhnaak a dih ni asiloah a dihte ding ni. (mm/dd/yyyy)										
<input type="checkbox"/> Ngandamnak bawmhnaak caah pek ding na ngeihmi na pek lo ruangah bawmhnaak a dih asi ahcun hika ah chek na tuah lai.	<table style="width: 100%; border: none;"> <tr> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> </tr> </table>										

2. A dihcia ni 60 chungah nupi/va thittu nan um maw?

Names	Ni (mm/dd/yyyy)										
	<table style="width: 100%; border: none;"> <tr> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> </tr> </table>										

a. A dihcia ni 60 chung, mahhi vialte chungah ngandamnak bawmhnaak a ngah kho tu nan um maw? Asi Asi lo

Asi ahcun mahka ah an min na tial lai:

3. A dihcia ni 60 chungah thong tlaknak (tlainak asiloah thonginn) in a luatmi, achuahmi nan um maw?

Names	Ni (mm/dd/yyyy)										
	<table style="width: 100%; border: none;"> <tr> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> </tr> </table>										

4. A dihcia ni 60 chungah immigration zung in ramchung um khawhnaak nawl a ngahmi nan um maw?

Names	Ni (mm/dd/yyyy)										
	<table style="width: 100%; border: none;"> <tr> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> </tr> </table>										

5. A dihcia ni 60 chungah fa i canter (adopted), fa I canter dingin chiah asimi, asiloah zohkhenhnaak hmun a phanmi nan um maw?

Names	Ni (mm/dd/yyyy)										
	<table style="width: 100%; border: none;"> <tr> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> </tr> </table>										

6. A dihcia ni 60 chungah ngakchia zohkhenhnaak ruang asiloah biaceihnaak zung nawlbia ruangin midang aa hngatchantu a cangmi nan um maw?

Names	Ni (mm/dd/yyyy)										
	<table style="width: 100%; border: none;"> <tr> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> </tr> </table>										

7. A dihcia ni 60 chungah umnak hmun a tlangmi nan um maw?

Names	A thial ni (mm/dd/yyyy)										
	<table style="width: 100%; border: none;"> <tr> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> </tr> </table>										

Hlan deuh na umnak address carek zung hmanhmi peng namber (zip code) zeizat asi? Ramdang in a rami asiloah U.S. chung hmun dang in a rami na si ahcun mahka ah na tial lai.

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a. A dihcia ni 60 chung, mahhi vialte chungah ngandamnak bawmhnaak a ngah kho tu nan um maw? Asi Asi lo

Asi, a um ahcun a tangah an min vialte na tial lai:

An min